



It was when I stopped searching for home within another and lifted the foundations of home within myself I found there were no roots more intimate than those between a mind and body that have decided to be whole

- rupi kaur

February 24, 2019

WELCOME to Shadow Rock United Church of Christ! We do our best to live out our core values of inclusion, justice and spirituality. We are glad you are here and we hope we can be partners in your journey.

Prelude

Strong Enough to Bend

by Tanya Tucker

*When you start thinkin' that you know it all
Big wind blows and a branch will fall
When you say "Hey this job takes two"
We can sway with the wind till the skies turn blue
Sway with the wind till the skies turn blue
Like a tree out in the backyard
That never has been broken by the wind
Our love will last forever if we're strong enough to bend
Our love will last forever if we're strong enough to bend*

Welcome and Announcements

Strengthening Connection

Coming Together

(Please stand if you are comfortably able)

Gordon Schneider

One: Let go of the expectations placed on you by others

All: and those expectations that we were taught to place on ourselves.

One: Drop the guilt and the shame, not to shirk accountability,

**All: but in honest expectation of
the possibility of forgiveness.**



just
breathe

One: Let go of the thing you said the
other day.

**All: We let go of the things we
dread next week.**

One: Be here, in this moment. Breathe and sing.

Singing Our Faith

We Shall Be Known

by Karisha Longaker (MaMuse)

We shall be known by the company we keep,
By the ones who circle round to tend these fires.
We shall be known by the ones who sow and reap
The seeds of change, alive from deep within the earth.

It is time now, it is time now that we thrive.

It is time we lead ourselves into the well.

It is time now, and what a time to be alive.

In this great turning, we shall learn to lead in love.

In this great turning, we shall learn to lead in love.

(Repeat and follow the lead of the Threshold Choir)

Centering Prayer

Gordon Schneider

Gathering, Scattering and Passing the Peace

Gordon Schneider

One: Generous God, enfold us in the depths of love and hold us there.

All: Renew. Refresh. Restore us.

One: Saturate us with the capacity to bounce back and be instruments of peace. In this day made fresh by the rising of the sun may we embrace this day in hope.

All: Let us embrace each other in peace.

Gathering Back Together

Our Great Band

Learning Something of Value

Word About Life

Luke 12:16-20

16) And he told them this parable: "The ground of a certain rich man yielded an abundant harvest. 17) He thought to himself, 'What shall I do? I have no place to store my crops.'

18) "Then he said, 'This is what I'll do. I will tear down my barns and build bigger ones, and there I will store my surplus grain. 19) And I'll say to myself, "You have plenty of grain laid up for many years. Take life easy; eat, drink and be merry."'

20) "But God said to him, 'You fool! This very night your life will be demanded from you. Then who will get what you have prepared for yourself?'

21) "This is how it will be with whoever stores up things for themselves but is not rich toward God."

"My storehouse burned down
Now nothing stands between me
And the moon above." – Masahide

Word About Life for Today

Rev. Ken Heintzelman

Call to Celebrations

Into the Heart of the One

Threshold Choir

What We Need and What We Give

Celebrations and Celebration Song

Rev. Ken Heintzelman

Celebrate your heart and your spirit,
Celebrate your life while you live it.
Even when it's hard to do,
Celebrate the best of you.

Celebrate your dreams
and your visions,
Celebrate the love you've been
given.
Cherish all that you've been
through,
Celebrate the best of you.



BOUNCE **BACK**

Invitation to Give

Gordon Schneider

One: As we bring our gifts forward, may our whole life move forward, in good faith, and with trust in a hopeful future.

Offering for Thanks, Work and Hope

Cornerstone Chorale

Gonna Rise Up Singing'

by Roger Emerson

Dedication of Our Offerings and Ourselves

Gordon Schneider

One: And now we take our leave.

All: Before we gather here again, may each of us bring happiness into another's life; may we each be surprised by the gifts that surround us; may each of us be enlivened by constant curiosity.

One: And may we remain together in spirit until the hour we meet again. These are the times!

All: We are the people.

One: All of Creation is blessed!

All: May we love all and serve all!

One: May God be with you.

All: And also with you.

One: Amen.

All: Amen.

Chorus

**Let yourself go, Let yourself go
Release that creativity,
And be the great one who you are,
Shine on for all the world to see.**

1. When you're feelin' low, down and out,
Nothin' goes your way,
In that dark despair there comes a word,
You can live your life today.

Chorus

2. We have a world, on our hands,
That needs so much love and care.
Let yourself go into that world,
And live for people ev'ry where.

Chorus

3. There's a dream we have for today,
That all the world should know.
That ev'ryone in ev'ry faith,
Can be free to let themselves go.

Chorus

Shadow Rock United Church of Christ
12861 North 8th Avenue
Phoenix, Arizona 85029
(602) 993-0050
www.ShadowRockUCC.org

Karen Richter, Director of Spiritual Formation
Abeth Spencer, Director of Communications
Forrest Bachtel, Choir Director
Julie Tuttle, Accompanist
Joe Garcia, Percussion
Dave Robinson, Guitar
John Willis, Bass Guitar
Travis Meyers, Keytar
Heidi Zinn, Financial Officer and Technology
Liz Helm, Wedding Ceremony Director
Bill Peterson, Facility and Campus Care Volunteer
Rev. Liana Rowe, Campus Partner Chaplain
Lois Beberniss, Director of Campus Affairs
and Festival Garden
Rev. Ken Heintzelman, Senior Minister
Dr. William O. Smith, Minister Emeritus

