

# Heidi's Corner

A message from the finance office ...

## Shadow Rock by the Numbers

Date	Attendance	Offering
12/31/18	Asset Transfer	16,790
2019 YTD	2019 Prepaid Contributions	19,460
12/31/18	Facilities Improvement Fund Balance	21,378
08/31/18	Facilities Improvement Fund Balance	6,845
08/01/19	E-giving (Automatic Deposits)	6,026
08/04/19	91	4,660
08/04/19	Communion Offering—Facilities Fund	46
08/11/19	91	1,746
08/15/19	E-giving (Automatic Deposits)	5,873
08/18/19	110	704
08/25/19	109	1,168
09/01/19	E-giving (Automatic Deposits)	5,911
09/01/19	86	2,315
09/01/19	Communion Offering—Facilities Fund	82
09/08/19	115	11,617
09/10/19	Facilities Fund New Donations	3,000
09/15/19	115	1,036
09/15/19	E-giving (Automatic Deposits)	5,630

On Thursday, August 29th, \$15,000 was advanced from the CHASE Line of Credit to meet the cash shortfall. The approved 2019 deficit budget of \$33,335 includes \$10,000 in projected income for the Pick-A-Party Fundraiser which is coming up later this month. Stay tuned for more updates in the next few weeks.

*With gratitude to my Shadow Rock family,  
~ Heidi*

# Prayer List

Thinking of You cards are in the pewbacks

## Since we last met:

Rob and Ineke Adan as Rob faces health challenges and surgery.

## Continue to remember:

Liana Rowe's Uncle Glenn; Rick and David; Janice and Tim Morrison's grandson, Malek Nicholas Morrison; Rayne Ragan; Ann Eicher; Irene Scarlett; Peg Hesley; Susan Glynn's friend Linda; Linda Merrill; Kerrie Earle; Carol Bowles' daughter; Becky Allison; Marv and Jane Shever; Billie Foltz; Ann Giles; our sanctuary guests and their families.

*Shadow Rock follows HIPAA guidelines when dealing with patient confidentiality.*

*Please contact the church office to add or remove someone on the prayer list.*


# Support Groups


## Contact the church office for details


Women's ACA: Mondays @ 12:00 in Smith Hall  
 NarAnon: Mondays @ 7:00 p.m. in chapel  
 Childcare provided  
 AI-Anon: Wednesdays in education Building  
 Beginners @ 6:45 p.m.  
 Alateen & Regular Meeting @ 7:30 p.m.  
 (childcare provided @ 7:30)  
 AA: Thursdays @ 7:30 p.m. Yellow Room

Welcome! No matter who you are or where you are on life's journey, you are welcome here!


# Today at Shadow Rock

 Greeters start things off right! Our thanks to Bert O'Neill for being our greeter today.

 Flowers on the communion table today are given by the Pick-A-Party Team, celebrating today's launch!

 All are welcome to join us after worship for Coffee Chat in Smith Hall. Our thanks to our children's Faith Formation class for being our hosts this morning.

## Faith Formation For All Ages

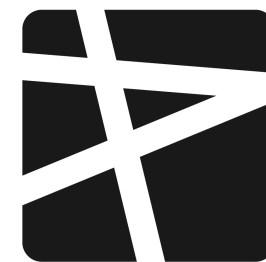
 Shadow Rock offers Sunday School classes for all ages at 9:00 a.m. Join us for opportunities to connect with one another and with our own experiences.

## Upcoming Faith Formation Topics:

Shadow Rock adults and kids continued "We've Got Mad Skills" this morning with a focus on justice and service. Next week is our last mad skill: Sabbath and Silence. In October, children have a unit on the spirituality of friendship, while adults tackle difficult issues with grace in "The Elephant in the Room."

# Welcome, Visitors!

We say every week is different at Shadow Rock so we hope you'll come back and see what next Sunday is like. Please join us for Coffee Chat in the other building after worship today. We're happy to talk with you about anything that's on your mind! (Probably starting with, "What's up with that funny-shaped cross?") Pastor Ken would love to get to know you better— arrange a get-to-know-you coffee by emailing him via ken@shadowrockucc.org. If you have special requests or needs, such as childcare, large-print bulletins, hearing-assistance devices, or alternative seating, please speak with our ushers. They're happy to help! Visit our website: www.shadowrockucc.org.



# WELCOME

September 22,  
2019

Shadow Rock United Church of Christ  
 12861 N. 8th Ave. Phoenix, AZ 85029  
 Church Office: 602-993-0050  
 Office Hours: M-Th, 9 a.m. - 3 p.m.  
 Sunday Mornings: 9:00 education,  
 10:15 worship, 11:30 fellowship



**Our Website:** www.shadowrockucc.org  
**Shadow Rock Preschool:** www.shadowrockpreschool.org  
**Southwest Conference UCC:** www.uccswc.org  
**United Church of Christ:** www.ucc.org



# What's Happening at Shadow Rock



## The Top Three

# 1

### Preschool Fundraiser on 9/24

Shadow Rock Preschool has a fundraiser this week at Chipotle (425 E. Bell Road). Come for dinner this Tuesday, September 24th between 5:00 - 9:00 p.m. and the preschool will earn a third of the proceeds! You will need to bring a flier with you—please take one of the extras in Smith Hall or take a picture of the flier with your phone and show it to the cashier. The preschool appreciates your support!

# 2

### New Play Workshop THIS SATURDAY!

Shadow Rock and Phoenix Theatre Company are proud to present a New Play Workshop right here at Shadow Rock! Join us Saturday, September 28th to see a staged reading of the new one-act play "Raft" and then give your feedback directly to the authors Carolyn Thomas and Harrison Young. See today's pink bulletin insert for details and ticket info.

# 3

### Blood Drive Next Week

Vitalant will have their Bloodmobile here at Shadow Rock on Sunday, September 29th, from 8:00 a.m. until noon. A bulletin board with donation time slots is in the parlor. New donors are welcome- there is ALWAYS a need for blood at Valley hospitals. Please contact Lois in the church office with questions you may have about donating.

## In Other News



Yoga nidra is back, baby! Join us October 1 at 7:00 pm in the Narthex!

Yoga nidra is a practice of guided relaxation and meditation. Setting intentions during this deep relaxation can be particularly helpful. NO EXPERIENCE IN YOGA OR MEDITATION IS REQUIRED. We practice yoga nidra lying on the floor or in a comfortable reclined or seated position. Wear comfy clothes and bring a mat, pillow, bolster, or blanket if you like.

There is no charge for this class. Register (or ask questions) with a quick email to Karen via [karen@shadowrockucc.org](mailto:karen@shadowrockucc.org).

## Many Hands ...



... make light work! Here's how to pitch in at Shadow Rock:

**NEW:** We're looking for someone to pitch in and complete our phone volunteer schedule on Wednesday afternoons. You don't have to do every week - even once a month would help us immensely. If you can help us, please contact Lois in the church office!

### Current donations (donation box located in parlor)

**Nonperishable food** for Desert Mission Food Bank, **Disposable diapers** for local families in need, **Gently used clothing** for Desert Mission Food Bank, **Eyeglasses** for use in developing nations.

## Relational Groups

*For information about support groups, please see the reverse of this page*

### Choir *Open to everyone*

Next rehearsal, Wednesday, October 2nd @ 6:30 p.m. sanctuary  
Contact: Forrest Bachtel ([forrest@shadowrockucc.org](mailto:forrest@shadowrockucc.org))

### Prayer Shawl Ministry *A knitting and crocheting group*

First and third Wednesdays @ 9:30 a.m. parlor  
Contact: June ([jminertchr@aol.com](mailto:jminertchr@aol.com))

### SR @ North Mountain Brewery *Fellowship and food*

First Sunday monthly @ 4:30 p.m. off site 522 E. Dunlap  
Contact Pastor Ken ([ken@shadowrockucc.org](mailto:ken@shadowrockucc.org))

### Facilities Workday *Open to everyone*

Second Saturday monthly @ 7:30 a.m.  
Contact: Roy Zaborowski ([roy@bbz.net](mailto:roy@bbz.net))

### Craftin' and Scrappin' Saturday *Open to everyone*

Second Saturday monthly 8 a.m.— 5 p.m. Multipurpose  
Contact: Lois Beberniss (602-993-0050)

### Keystones Adults- *Open to everyone*

First Saturday monthly @ 6:30 p.m. offsite  
Contact: Alyce-Anne Meadows 623-934-9971

### Healing Circle *A group focused on wholeness and healing*

**Saturday, September 28th @ 5:30 p.m. Location TBD**

Contact: Rev. Dr. Patricia Clarke ([shedoc@redroadmedicine.com](mailto:shedoc@redroadmedicine.com))

### Companions on Our Journey *A grief fellowship group*

Next gathering October 17th @ 5:30 p.m. in MP Annex  
Contact: June Miner ([jminertchr@aol.com](mailto:jminertchr@aol.com))

### B.L.T. (Beatitudes Lunch Together) *Lunch with friends*

First Tuesday monthly @ 12:00 p.m. Beatitudes Campus  
Contact: Lois Beberniss ([lois@shadowrockucc.org](mailto:lois@shadowrockucc.org))

### Lunch Bunch *Women's Lunch Group*

Second Wednesday monthly @ 12:30 p.m. off site  
Times Square 768 E. Union Hills Dr.  
Contact: Linda Johnston ([lindalights@cox.net](mailto:lindalights@cox.net))

### Men's Breakfast

**Tuesday, September 24th @ 6:30 a.m. Village Inn, 7th St. & Bell**

Contact: Pastor Ken ([ken@shadowrockucc.org](mailto:ken@shadowrockucc.org))

### Breakstones *Women's Breakfast Group*

**Wednesday September 25th @ 7:30 a.m. Denny's, I-17 & Dunlap**

Contact: June Miner ([jminertchr@aol.com](mailto:jminertchr@aol.com))