



ALL ACCESS WELCOME



Still Discerning!

Oct. 13, 2019

Gathering of Spirits—Word and Song

Gathering Music and Prelude

My Soul Is Welcome Here by Daniel Nahmod

Shared by Our Great Band and Cornerstone Chorale

Welcome and Announcements

Shared by Rev. Ken Heintzelman

- Welcome Michael Curry, The Southwest Conference Lay Minister for Disability Education, Advocacy, and Awareness

Call to Worship

A Litany for Access Sunday

Led by Michael Curry

Leader: If you have a colored sticker in your bulletin, I invite you to rise in body or in spirit, as you represent the one in four people in America who are affected by substance abuse or a mental illness that is severe, moderate, or mild. We acknowledge that we are often uninformed about these issues and how they impact persons and their families.

Response (those who are seated): At times, because of our lack of knowledge and understanding, we find ourselves separated from our sisters and brothers with serious mental illness and substance abuse, as well as their families.

Response (those who have risen): We hope that God will help us all dispel ignorance and misinformation about substance abuse and the serious mental illnesses such as major depression, bipolar disorder, schizophrenia, panic disorder, post-traumatic stress disorder, and obsessive compulsive disorder.

Leader: We pray that troubled minds and hearts, and broken lives and relationships might be healed.

Response (those who are seated): We pray that the cloud of stigma, labels, exclusion and marginalization might be dispelled for the sake of those touched by mental illness and substance abuse.



Response (those who have risen): We pray that we may be containers of hope for persons and families living with mental health challenges. We pray also for better treatment, for steadier recovery, for greater opportunity to work and serve.

Leader: We live with gratitude for compassionate, dedicated caregivers and mental health professionals, for new discoveries in brain research and better medications.

All: O God, we seek the power of your Spirit, that we may live in fuller union with you, ourselves, and those living with mental health issues. Grant that we may gain courage to love and understand each other, as you love and understand us. Amen.

Adapted by First Congregational Church, Boulder, Colo. from prayers by Susan Gregg Schroeder found at <http://www.mentalhealthministries.net>

Special Music

Shared by Cornerstone Chorale

Do All You Can

by Robert D. Anderson

Singing Our Faith

Led by Cornerstone Chorale

Walls Mark Our Boundaries

1. Walls mark our bound'ries and keep us apart;
Walls keep us from our eyes and our heart.
Tables are round making room for one more,
Welcoming friends, we had not known before.

Chorus:

So build us a table and tear down the wall!

Christ is our host! There is room for us all!

2. Walls make us sure who is in and who's out
Walls keep us safe from all question and doubt,
But at a table in open exchange
New ties are formed and our lives rearranged.

Chorus

3. Once we were strangers, divided, alone.
Hate and distrust built a wall stone by stone.
Now at the table the bread that we share.
Joins us to Christ in a circle of care.

Chorus

Sharing of Spirits – Giving and Celebrating

Celebrations

Led by Lois Beberniss

This is our time to share the celebrations of our lives: birthdays, anniversaries, words of kindness and works of peace and justice.

Celebrate your heart and your spirit.

Celebrate your life while you live it.

Even when it's hard to do,

Celebrate the best of you.

Celebrate your dreams and your visions.

Celebrate the love you've been given.

Cherish all that you've been through.

Celebrate the best of you.

Prayers of the Community and Blessing

Offered by Tim Schmaltz

Invitation to Share

Led by Rev. Ken Heintzelman

The church is a multi-faceted family with many members.

We come from all walks of life. We come as those who have yet to be invited to God's family table, but finally find an open seat at the table. Let it be known that there is always room at the table of Jesus for all people. Let us bring forth our offering.

Offerings and Offertory

Shared by The Cornerstone Chorale

You Raise Me Up

By Graham and Loveland

Dedication of Our Offering

Led by Rev. Ken Heintzelman

All: Let us use the time and talent of these gifts as we embark on a journey as we begin to explore how we can create a safe, welcoming, inclusive, and loving place for all of God's differently-abled and beloved children.

Feeding of Spirits with the Word About Life

The Word About Life for Today

"All Access Welcome"

Shared by Michael Curry

The Parting of Spirits and Loving the World

One: I'm Gonna Live,

All: So God can use me.

One: I'm Gonna Work,

All: So God can use me.

One: I'm Gonna Pray,

All: So God can use me.

One: I'm Gonna Sing,

All: So God can use me.

One: All Creation is blessed.

All: May we love all and serve all.

One: God be with you.

All: And also with you.

One: Amen.

All: Amen.

Sending Forth I'm Gonna Live So God Can Use Me

I'm gonna live so God can use me anytime, Lord,
and anywhere.

I'm gonna live so God can use me anytime, Lord,
and anywhere.

I'm gonna work so God can use me anytime, Lord,
and anywhere.

I'm gonna work so God can use me anytime, Lord,
and anywhere.

I'm gonna pray so God can use me anytime, Lord
and anywhere.

I'm gonna pray so God can use me anytime, Lord
and anywhere.

I'm gonna sing so God can use me anytime, Lord,
and anywhere.

I'm gonna sing so God can use me anytime, Lord,
And anywhere.

SHADOW ROCK STAFF AND VOLUNTEERS

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Rev. Ken Heintzelman

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Forrest Bachtel

Choir Director

Liz Curry,

Preschool Director

Julie Tuttle

Accompanist

Our Great Band

Joe Garcia, Percussion

Dave Robinson, Guitar

John Willis, Bass Guitar

Travis Meyers, Keytar

Ushers

Peter Johnston, Greg Rampley,

Roy Zaborowski, Peg Hesley,

Joe Botticelli, Tim Mikkelsen,

Chuck Bonstelle, Michael Curry

Sound Team

Dave Hillyard, John Abshire, Daniel

Nantz, Ken Eicher,

Joe Hesley, Chair

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