

Heidi's Corner

A message from the finance office ...

Shadow Rock by the Numbers

Date	Attendance	Offering
12/31/18	Asset Transfer	16,790
2019	Approved Deficit Budget	(33,325)
11/01/19	Facilities Improvement Fund Balance	11,345
12/24/19	5:00 PM 187	2,925
12/24/19	11:00 PM 88	3,444
12/29/19	100	522
12/30/19	2020 Prepaid Pledges	13,770
12/30/19	Advent Offering to Date	1,057
12/30/19	Pastor's Charitable Online Donations	5,720
01/03/19	E-giving (Automatic Deposits)	11,091
01/05/19	104	6,330
01/12/19	112	2,382
01/19/19	101	1,264
01/16/19	E-giving (Automatic Deposits)	7,368
01/26/19	136	6,846

The 2019 Christmas Eve offerings were dedicated to the Pastor's Charitable Fund this year and are used for pastoral emergencies in our congregation and surrounding neighborhood. This year we received \$12,089 toward replenishing the fund.

I am repeatedly amazed at both the tangible and intangible ways Shadow Rock supports our family, friends, neighbors, and the entire community.

Most of all, thank you for the love and support you give each other, our Shadow Rock family.

~ Heidi

Prayer List

Thinking of You cards are in the pewbacks

Since we last met:

Dewey Reay and Ann Smith recovering from surgery; Ken Heintzelman's mother and father; Jacqueline Jones.

Continue to remember:

John and Amelia Abshire and their family; the family of Maurice Siever; Bert Ruby's brother-in-law Steward; Karen Richter's friend David Allan; Joe Botticelli's cousin Lisa Petrie; Joyce Schneider; Ann Eicher; Rob and Ineke Adan; Liana Rowe's Uncle Glenn; Irene Scarlett; Carol Bowles' daughter; Becky Allison; Marv and Jane Shever; Billie Foltz; our sanctuary guests and families.

Shadow Rock follows HIPAA guidelines when dealing with patient confidentiality.

Please contact the church office to add or remove someone on the prayer list.

Support Groups

Contact the church office for details

Women's ACA: Mondays @ 12:00 in Smith Hall

NarAnon: Mondays @ 7:00 p.m. in chapel

Childcare provided

AI-Anon: Wednesdays in education Building

Newcomers & Alateen @ 6:15 p.m.

Regular Meeting @ 7:00 p.m.

(childcare provided @ 7:00)

AA: Thursdays @ 7:30 p.m. Yellow Room

Our Website: www.shadowrockucc.org

Shadow Rock Preschool: www.shadowrockpreschool.org

Southwest Conference UCC: www.uccswc.org

United Church of Christ: www.ucc.org



Welcome! No matter who you are or where you are on life's journey, you are welcome here!

Today at Shadow Rock



Greeters start things off right! Our thanks to Beth Bruce for being our greeter this morning.



Flowers on the communion table are a wonderful way to celebrate a loved one or a special occasion. Stop by the purple board in the parlor to sign up!



All are welcome to join us after worship for Coffee Chat in Smith Hall. Thank you to Susan Sawyer and Chris Robbins for being our hosts this morning.

Faith Formation For All Ages



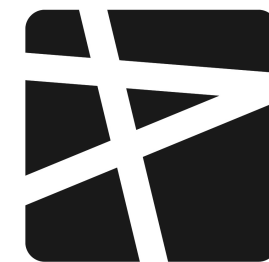
Shadow Rock offers Sunday School classes for all ages at 9:00 a.m. Join us for opportunities to connect with one another and with our own experiences.

Faith Formation in February:

Children started a new topic today: Jesus Was a Kid Like Me. We'll use our imaginations to think about important events in the family life of Jesus, leading up to the beginning of his ministry. Adults in February take a long hard look at infrastructure as the work that makes our work together possible. Is infrastructure spiritual? Join us to share, grow, learn, listen. Everyone is welcome.

Welcome, Visitors!

We say every week is different at Shadow Rock so we hope you'll come back and see what next Sunday is like. Please join us for Coffee Chat in the other building after worship today. We're happy to talk with you about anything that's on your mind! (Probably starting with, "What's up with that funny-shaped cross?") Pastor Ken would love to get to know you better— arrange a get-to-know-you coffee by emailing him via ken@shadowrockucc.org. If you have special requests or needs, such as childcare, large-print bulletins, hearing-assistance devices, or alternative seating, please speak with our ushers. They're happy to help! Visit our website: www.shadowrockucc.org.



NUGGLES

February 2,
2020

Shadow Rock United Church of Christ
12861 N. 8th Ave. Phoenix, AZ 85029

Church Office: 602-993-0050

Office Hours: M-Th, 9 a.m. - 3 p.m.

Sunday Mornings: 9:00 education,

10:15 worship, 11:30 fellowship



What's Happening at Shadow Rock



The Top Three

1

Blood Drive Next Sunday

The Bloodmobile returns on Sunday, February 9th. The sign-up board is in the parlor now! We are pleased to host Vitalant Blood Services twice a year for your convenience. New donors are welcome- there is ALWAYS a need for blood at Valley hospitals. Thanks for saving lives with this important service.

2

Save the Date for February 15

Shadow Rock is proud to be co-hosting an event with First Church UCC on Saturday, February 15th. Dr. Miguel De La Torre, a professor, author, activist, and minister, will present "Rejecting the White Jesus: Bad Ass Christianity." Mark your calendars and look for more information about this exciting upcoming event.

3

Spare Room or Casita Wanted

Mike Valentine (son of longtime member Jo Valentine) and his wife Yan are part of the voluntary evacuation of US citizens from China. They will be arriving soon and are unsure how long they will need to stay in the states. They are not interested in signing a year-long lease somewhere, and are looking for someone who can rent them a room on a month-by-month basis. If you have a lead on such an arrangement, please contact Pastor Ken.

In Other News



Yoga Nidra ("sleepytime yoga") returns to the Narthex next week: Tuesday, February 4 at 7:00 p.m. Yoga Nidra is a practice of guided relaxation and meditation. Setting positive intentions during this deep relaxation can be particularly helpful.

- NO EXPERIENCE IN YOGA OR MEDITATION IS REQUIRED.
- Wear loose comfortable clothes.
- We practice on the floor. You're invited to bring items from home (pillow or cushion, yoga mat, blankets) to insure your comfort. If you're uncomfortable on the floor, practicing on the couch or chair is also possible.
- There is no charge, but please register before class with a quick email to karen@shadowrockucc.org

Thank You!



The numbers are in from the Electronic Recycling drive held earlier in January. According to AZStRUT, we saved OVER ONE TON of electronics from the landfills during the weekend drop-off event. Thanks to everyone for their support and participation, and thanks to Bill Peterson for his leadership on this event.

Relational Groups

For information about support groups, please see the reverse of this page

Choir Open to everyone

Next rehearsal Wednesday, February 5 @ 7:00 p.m. in sanctuary
Contact Forrest Bachtel (forrest@shadowrockucc.org)

Prayer Shawl Ministry A knitting and crocheting group

Wednesday, February 5th at 9:30 a.m. MP Annex

Contact: June (jminertchr@aol.com)

SR @ North Mountain Brewery Fellowship and food

Next gathering Sunday February 9th @ 4:30 p.m. 522 E Dunlap Ave

Contact Pastor Ken (ken@shadowrockucc.org)

Facilities Workday Open to everyone

Second Saturday monthly @ 7:30 a.m.

Contact: Roy Zaborowski (roy@bbz.net)

Craftin' and Scroppin' Saturday Open to everyone

Second Saturday monthly 8:00-5:00 Multipurpose Room

Contact: Lois Beberniss (602-993-0050)

Keystones Adults- Open to everyone

First Saturday monthly @ 6:30 p.m. off site

Contact: Alyce-Anne Meadows 623-934-9971

Healing Circle A group focused on wholeness and healing

Contact: Rev. Dr. Patricia Clarke (shedoc@redroadmedicine.com)

Companions on Our Journey A grief fellowship group

Next gathering February 20th in Multipurpose Room

Contact: June Miner (jminertchr@aol.com)

B.L.T. (Beatitudes Lunch Together) Lunch with friends

Tuesday, February 4th @ 12:00 p.m. Beatitudes Campus

Contact: Lois Beberniss (lois@shadowrockucc.org)

Lunch Bunch Women's Lunch Group

Second Wednesday monthly @ 12:30 p.m.

Times Square 768 E. Union Hills Dr.

Contact: Linda Johnston (lindalights@cox.net)

Men's Breakfast

4th Tuesday monthly @ 6:30 a.m. Village Inn 3rd St & Bell

Contact: Pastor Ken (ken@shadowrockucc.org)

Breakstones

Women's Breakfast Group

Fourth Wednesday monthly @ 7:30 a.m. Denny's I-17 & Dunlap

Contact: June Miner (jminertchr@aol.com)