

Heidi's Corner

A message from the finance office ...

Shadow Rock by the Numbers

Date	Attendance	Offering
12/31/18	Asset Transfer	16,790
2019	Approved Deficit Budget	(33,325)
11/01/19	Facilities Improvement Fund Balance	11,345
12/30/19	2020 Prepaid Pledges	13,770
01/12/20	112	2,382
01/19/20	101	1,264
01/16/20	E-giving (Automatic Deposits)	7,368
01/26/20	136	6,846
02/01/20	E-giving (Automatic Deposits)	5,876
02/02/20	107	4,809
02/09/20	141	3,060
02/16/20	107	757
02/18/20	E-giving (Automatic Deposits)	6,045
02/23/20	117	1,860

Do you ever look at the numbers in Heidi's corner and wonder how they can vary so greatly? Generally speaking our largest deposit is the first E-giving and Sunday offering of the month.

The most difficult thing I do is to try to predict income. This is due to many facts, not the least of which is everyone's personal circumstance. Some donors contribute weekly, some monthly, and some contribute their entire pledge at one time.

No matter how or when you choose to donate, I am incredibly grateful to each and every one of you for all that you do to support Shadow Rock.

Prayer List

Thinking of You cards are in the pewbacks

Since we last met:

We extend sympathy to Sue Stuart, Joe, Nick and Gina Botticelli on the death of Sue's mother.

Continue to remember:

Linda Merrill; Ann Eicher; Daniel Nantz; Dewey Reay; Ann Smith; Ken's Heintzelman's mother and father; Karen Richter's friend David Allan; Joe Botticelli's cousin Lisa Petrie; Rob and Ineke Adan; Liana Rowe's Uncle Glenn; Irene Scarlett; Carol Bowles' daughter; Becky Allison; Marv and Jane Shever; Billie Foltz; our sanctuary guests and families.

Shadow Rock follows HIPAA guidelines when dealing with patient confidentiality.

Please contact the church office to add or remove someone on the prayer list.

Support Groups

Contact the church office for details

Women's ACA: Mondays @ 12:00 in Smith Hall

NarAnon: Mondays @ 7:00 p.m. in chapel

Childcare provided

Al-Anon: Wednesdays in education Building

Newcomers & Alateen @ 6:15 p.m.

Regular Meeting @ 7:00 p.m.

(childcare provided @ 7:00)

AA: Thursdays @ 7:30 p.m. Yellow Room

Welcome! No matter who you are or where you are on life's journey, you are welcome here!

Today at Shadow Rock



Greeters start things off right! You can sign up to be a greeter on the purple community board in the parlor.

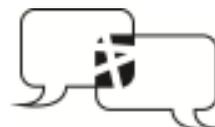


Flowers on the communion table today are from Donna Stepp, just to say "thank you!"



All are welcome to join us after worship for Coffee Chat in Smith Hall. Thank you to Lori Heisner and Nanci Campbell for hosting this morning.

Faith Formation For All Ages



Shadow Rock offers Sunday School classes for all ages at 9:00 a.m. Join us for opportunities to connect with one another and with our own experiences.

Journey of the Spirit is Here!

"Our life together involves us in study and worship." Journey of the Spirit is a time for study! Our Journey topic this year is **Confronting the Powers**, and it's challenging stuff. You can find good company and energizing discussions at 9 o'clock and at the Afterparty at 11:45 am. Details are in today's JOS bulletin insert. Children's Journey of the Spirit is awesome too: **Messy Church**. Everyone is welcome!

Welcome, Visitors!

We say every week is different at Shadow Rock so we hope you'll come back and see what next Sunday is like. Please join us for Coffee Chat in the other building after worship today. We're happy to talk with you about anything that's on your mind! (Probably starting with, "What's up with that funny-shaped cross?") Pastor Ken would love to get to know you better— arrange a get-to-know-you coffee by emailing him via ken@shadowrockucc.org. If you have special requests or needs, such as childcare, large-print bulletins, hearing-assistance devices, or alternative seating, please speak with our ushers. They're happy to help! Visit our website: www.shadowrockucc.org.



NUGGLES

March 1,
2020

Shadow Rock United Church of Christ
12861 N. 8th Ave. Phoenix, AZ 85029

Church Office: 602-993-0050

Office Hours: M-Th, 9 a.m. - 3 p.m.

Sunday Mornings: 9:00 education,

10:15 worship, 11:30 fellowship



Our Website: www.shadowrockucc.org

Shadow Rock Preschool: www.shadowrockpreschool.org

Southwest Conference UCC: www.uccswc.org

United Church of Christ: www.ucc.org



What's Happening at Shadow Rock



The Top Three

1

Go Fund Me for Daniel Nantz

As you may know by now one of our own, Daniel Nantz, has been diagnosed with non-Hodgkin's lymphoma, stage 2. Daniel is the young man who sometimes works the sound booth for our services and other functions needing audio support. There is a 'Go Fund Me' account in his name. Find it by going to Gofundme.com and searching for "Daniel's Community." Any monies donated will go to help cover his bills until his treatments are complete.

2

Yoga Nidra This Tuesday

Yoga nidra is a relaxing guided meditation practice. Give it a try on Tuesday, March 3rd, at 7:00 p.m. in the Narthex. Please wear comfortable loose-fitting clothing and bring whatever might help you get cozy on the floor (mat, blanket, pillow, etc.). There is no charge for this class. Please contact Karen@shadowrockucc.org with questions.

3

'All One People' on March 14

You're invited to a special concert in the sanctuary on Saturday, March 14th at 6:00 p.m. Join us for "All One People," a concert celebrating musical and human diversity. It features beautiful flute, guitar and percussion music. The concert is free, but a freewill offering will be taken for the Immigration Reform Fund.

In Other News



Registration for the 2020-2021 year at Shadow Rock Preschool is coming March 10-11. If you or someone you know is looking for a quality, play-based preschool that shares the same values of inclusiveness and community as the church, look no further! Visit www.shadowrockpreschool.org and click "registration" at the top for details.

Got a truck? What luck! Shadow Rock is going to the Phoenix Pride parade on April 5th, and we're looking for a pickup truck that we can decorate and drive down the parade route. If you have such a vehicle, or would like more information about this event, please contact Mickey Tucker.

Pick-A-Party 2020



Sunday, March 15th is the "Mystery Basket Dinner" party, hosted by the Merritts and Spencers. (If you've ever seen the television show "Chopped," you'll be familiar with the concept.) The party is at 2:00 and costs \$30/guest to attend. **Currently, there are only a few guests signed-up, and we need to decide whether or not to hold the party.** If you are interested, please speak to Abeth or Lois after the service.

Many Hands ...



... make light work! Here are some ways to pitch in at Shadow Rock:

Ongoing volunteer needs Rock-It drivers, sound team and more. See the purple community board in the parlor.

Current donations (donation boxes located in parlor) Nonperishable food for Desert Mission Food Bank, **Disposable diapers** for local families in need, **Gently used clothing** for Desert Mission Food Bank, **Eyeglasses** for use in developing nations

Relational Groups

For information about support groups, please see the reverse of this page

Choir Open to everyone
Wednesdays @ 7:00 p.m. in sanctuary
Contact: Forrest Bachtel (forrest@shadowrockucc.org)

Prayer Shawl Ministry A knitting and crocheting group
Wednesday March 4th @ 9:30 a.m. MP Annex
Contact: June (jminertchr@aol.com)

SR @ North Mountain Brewery Fellowship and food
Today @ 4:30 p.m. 522 E Dunlap Ave.
Contact: Pastor Ken (ken@shadowrockucc.org)

Facilities Workday Open to everyone
Second Saturday monthly @ 7:30 a.m.
Contact: Roy Zaborowski (roy@bbz.net)

Craftin' and Scrappin' Saturday Open to everyone
Second Saturday monthly 8:00-5:00 Multipurpose Room
Contact: Lois Beberniss (602-993-0050)

Keystones Adults- Open to everyone
First Saturday monthly @ 6:30 p.m. off site
Contact: Alyce-Anne Meadows 623-934-9971

Healing Circle A group focused on wholeness and healing
Contact: Rev. Dr. Patricia Clarke (shedoc@redroadmedicine.com)

Companions on Our Journey A grief fellowship group
Next gathering April 16th @ 5:30 p.m. in Multipurpose Room
Contact: June Miner (jminertchr@aol.com)

B.L.T. (Beatitudes Lunch Together) Lunch with friends
Tuesday, March 3rd @ 12:00 p.m. Beatitudes Campus
Contact: Lois Beberniss (lois@shadowrockucc.org)

Lunch Bunch Women's Lunch Group
Second Wednesday monthly @ 12:30 p.m.
Times Square 768 E. Union Hills Dr.
Contact: Linda Johnston (lindalights@cox.net)

Men's Breakfast
4th Tuesday monthly @ 6:30 a.m. @ Candy's Kitchen
7th St and Thunderbird
Contact: Pastor Ken (ken@shadowrockucc.org)

Breakstones
Women's Breakfast Group
Fourth Wednesday monthly @ 7:30 a.m. Denny's I-17 & Dunlap
Contact: June Miner (jminertchr@aol.com)